



The day was first associated with romantic love in the circle of Geoffrey Chaucer in the High Middle Ages, when the tradition of courtly love flourished. In 18th-century England, it evolved into an occasion in which lovers expressed their love for each other by presenting flowers, offering confectionery, and sending greeting cards (known as "valentines").

Parlement of Foules (1382) by Geoffrey Chaucer For this was on seynt Volantynys day Whan euery bryd comyth there to chese his make

oysters & hard meats various mignonettes & mustards

15th-century Rondeau by Charles, Duke of Orléans to his wife Je suis desja d'amour tanné Ma tres doulce Valentinée...

maine lobster & scallop terrine avocado, orange, asparagus, black garlic ranch, torn basil

Ophelia in Hamlet (1600-1601) by William Shakespeare To-morrow is Saint Valentine's day, All in the morning betime, And I a maid at your window, To be your Valentin.

> hudson valley foie gras crème brûlée sel gris, coco nib

Alban Butler in his Lifes of the Principal Saints (1756-1759) claimed without proof that men and women in Lupercalia drew names from a jar to make couples

niman ranch beef filet "DIANE" charred kale, hassleback yukon gold potato foie gras "au poivre" supplémentaire 15

Gammer Gurton's Garland (1784) The rose is red, the violet's blue, The honey's sweet, and so are you

chocolate crémeux seduction & restraints

